

CHECK OUT YOUR WEEK RIGHT NOW

Use this graph see how much time you are using each week. Mark out times of your day that you spend at school, on homework, chores and specific things that you HAVE to do each day. Choose another color to mark things that happen sometimes. Then, find another brighter color and mark time you will spend on your business productive time each week. Don't forget to put fun time and a day off!!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 am							
9 am							
10 am							
11 am							
12 noon							
1 pm							
2 pm							
3 pm							
4 pm							
5 pm							
6 pm							
7 pm							
8 pm							
9 pm							
10 pm							
11 pm							

CHECK OUT YOUR WEEK RIGHT NOW EXAMPLE

With the example below, the dark gray areas are times that can not be changed. The striped areas are 'sometimes' things. Yellow is our day off and Purple is our business time.

This person is devoting: 7 hours to business productive time each week, takes off Fridays, spend two hours in homework, sometimes mows the yard and still has 27 hours to do other things even after scheduling an hour to get ready for bed and include Facebook.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 am						This area is marked off for mow the lawn every other week.	This area is marked off for church.
9 am						This area is marked off for mow the lawn every other week.	This area is marked off for church.
10 am						This area is marked off for mow the lawn every other week.	This area is marked off for church.
11 am		This area is marked off for school.				This area is marked off for mow the lawn every other week.	This area is marked off for church.
12 noon						This area is marked off for mow the lawn every other week.	This area is marked off for church.
1 pm						Business	
2 pm						Business	
3 pm						Business	
4 pm							
5 pm							
6 pm					Day off		
7 pm					Day off		
8 pm	Business Productive Time				Day off		
9 pm					Day off		
10 pm	This area is for nighttime getting ready for bed and facebook.				Day off		
11 pm	Bedtime!				Day off		