

BRAINSTORMING

You are brainstorming today. YAY! This sounds like something that happens in a lab, but you are the lab today. You want to come up with as many ideas of things that you like to do and things that you think might be fun. Ask yourself, "What would make life interesting or easier?" and "What would be neat if someone would do it?" Just start coming up with crazy fun ideas and go from there.

If you get stuck, relax for a minute (do some jumping jacks or recite your favorite Dr. Seuss lines) and then come up with some more ideas. Don't stop until you feel like your brain is empty of ideas. I would be surprised if any teen who is taking action on this course does not come up with at least 40 ideas. But, don't let that number stop you. It is not a goal. If you don't get at least forty, take a break and come back later starting all over. Don't count them in the middle of coming up with ideas, because that makes your brain think logically. Remember, we want creative ideas, so keep them flowing.

SUPPLIED NEEDED:

- Pen, or something to write with.
- Paper, or something to write on. You will want lots of little pieces, like sticky notes or toilet paper (If you use toilet paper, make sure you have something under it so that you don't write through onto the table.)
- A place to let these ideas 'layout,' like an unused part of the floor or an kitchen table that can be left cluttered till the next session.

WHAT TO DO

• STAGE 1

- Parents and Teens work together.
- Teens come up with ideas
- Parents write the ideas down as quickly as possible.
- It is that simple.

• STAGE 2

- Look over the ideas. Parents pick two ideas that don't go together.
- Teens come up with unique ways of putting these things together.
- Try to come up with three ideas for each pair, have fun and be creative.
- Think outside the box. What if it was bigger, smaller, made of wax . . . ???

That's it for coming up with ideas. In the next session we start evaluating these ideas.

GOALS (There are three PDF's on our webpage to remind you of 'good' goals.)

Come up with 3 personal goals (One of them may be finishing this course by __ date.) Think about family, school, hobbies, spiritual, and relationship goals. What do you want to shoot for in the next year?

Come up with 3 business goals. What do you expect to accomplish with a business? What do you hope is happening in one year?