

**Today your teen will design their Perfect Day and Month.** Then they will look at their current schedule and see how they can make those things happen. They may need your help working through their current schedule, but let them go through this exercise as they see fit. Ask if you can see their perfect day and their perfect month when they finish it.

**GO THE EXTRA MILE:** Plan a special 'perfect' day for them. Use their ideas and come as close as you can to creating a day for them. If they want to go to the beach, set out an umbrella, beach towel and wave music. Be creative and help them visualize what life could be like if they really followed their dreams and became successful in business. If you have the means, take them on a mini-vacation to visit some of the things that they mentioned. This is a continuation of the dream building exercise from Module 1.

**Scheduling Calendar:** Your teen will also begin using a calendar for scheduling and planning their week. Make sure you get one that works for them. This one can be digital if you think that would work best for your teen. There are online calendars, like Google and most cell phones have calendars built in. The key is to help your teen begin to actually use that calendar for their life.

**BONUS KNOWING WHERE THEY ARE:** When you sync the 'family' calendar with their calendar, you can find out where your teen is going to be and make sure they are available for family activities. You can put family activities on their calendar and you can add their school events like dances and other outings. You may even act as their 'schedule secretary' keeping them aware of what is coming up and what is needed. Talk it over with your teen and see how you can best help them.

This is a good intersection where your teen realizes how much you do and how hard it can be scheduling things with many people involved. Take time to share your schedule with your teen. Share with them time struggles and how you schedule 'me' time. Don't try to show off or prove to them how much you do. The key is to 'share your life' with them if (when) they are ready to learn more about you. As your teen begins to think about the real world, they will begin to notice what you do and how the adult world works and they will ask. (By the way, are you taking a day off to do something fun and different for yourself???)

**Check out your week Graph:** Use the graph to go over a typical week with your student. We have included an example page so you get the feel for how to best use the page and communicate with your teen about their schedule.

We suggest mentors do the marking of each section and help teens visualize their time through this process. After marking the things they have to do, like school, show them where they have free time. Have at least three different color markers handy: one for absolute scheduled days; one for sometimes days and one for business focus. We suggest making the business section their favorite of the colors you have available.

Help them decide how much of that time they are willing to commit to business. They should not schedule all of their time for business. They need to have fun, time with friends and downtime when they can relax. It is very important to help them come up with a day off and help them think of interesting activities they can do to break up their schedule. (Who knows, they may even want to do something with you?)